CAVAN VENTURES INC.

TSX Venture Symbol: CVN

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FOR IMMEDIATE RELEASE

June 7, 2011, Vancouver, British Columbia

CAVAN HIRES NEW CORPORATE COMMUNICATION CONSULTANT

Vancouver, British Columbia, CANADA (June 7, 2011) – Cavan Ventures Inc. (TSX.V-CVN), (http://www.cavanventures.com) (the "Company") is pleased to announce that, it is welcoming Mr. Boris Ziger HBa, MBA as a new consultant to the Company, effective immediately. Mr. Ziger joins the company in a consulting capacity as Corporate Communications Advisor.

Mr. Ziger brings twenty years of experience to the company and has been a senior officer and director of public companies in the past and currently sits on the board of directors of FTI Foodtech International Inc. He has in the past worked in both the banking and investment industries as a senior account executive and investment adviser where he assisted companies to gain access to capital markets and in the evaluation of new projects. He has earned a Master of Business Administration Degree from the Odette School of Business and an Honours Bachelor of Arts Degree in Economics and Psychology from York University.

Mr. Ziger will provide corporate communications and investor relations activities including introducing the company to potential investors. The agreement is effective immediately for a duration of 12 months although, it may be terminated by either party at any time given two months notice. Mr. Ziger will be paid a monthly fee of \$2,000 plus approved expenses for his services. Any amendments to the agreement are subject to prior Exchange approval.

On behalf of the Board of Directors:

"Andrew Mah"

Andrew Mah, President & CEO (604)783 5328 andrewm@cavanventures.com

or

Patrick Brandreth Director, Corporate communication: (604) 808 3527 patrick@cavanventures.com

For further information please visit our website at www.cavanventures.com

This news release contains certain forward-looking statements that reflect the current views and/or expectations of Cavan with respect to its performance, business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results and events may vary significantly. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.