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CAVAN BEGINS GEOPHYSICS AT CAGE GRAPHITE CLAIMS, ONTARIO

July 31st, 2013, VANCOUVER, B.C. – CAVAN VENTURES INC. (TSX-V: CVN) (“Cavan” or “the Company”) is pleased to announce that it has engaged Prospectair (Gatineau, QC) to carry out airborne geophysics on its CAGE claims, located 36 kilometers west of Hearst, Ontario. The survey will include both high-resolution magnetic and time-domain electromagnetic (‘TDEM’) data collection, with north-south traverse lines having 50m spacing and east-west tie lines at 1,000m spacing. A small area of the claims will also be covered with east-west traverse lines at 50m to ensure detection of small EM conductors.

At the adjacent Albany graphite deposit, drilling on an airborne EM conductor by Zenyatta Ventures Ltd., identified an extensive zone of granitic breccia set in a black matrix containing graphite (*see Zenyatta Ventures news release, January 19, 2012*).

Magnor Exploration Inc. (La Baie, QC) has been engaged by the Company to manage the survey, which is anticipated to begin in the coming days upon finalization of contracts and as equipment becomes available. A total of approximately 190 line-kilometers will be completed over the CAGE claims.

About the CAGE Claims

The 100%-held CAGE claims are contiguous and cover an area of 768 hectares (1,897 acres). The property adjoins the eastern edge of the Albany graphite deposit that is presently under advanced exploration by Zenyatta Ventures Ltd. (TSX-V: ZEN). Zenyatta recently announced several significant intersections of graphite mineralization, including five holes with 146m of 5.2% Cg, 177m of 5.3% Cg, 186m of 4.9% Cg, and 125m of 4.6% Cg, respectively (*see Zenyatta Ventures news release, July 2, 2013*). Historic aeromagnetics indicate that a magnetic low is present on the CAGE claims, with similar magnetic lows on the eastern portion of the Albany property (*see Cavan news release, July 10, 2013*).

The technical contents of this release were approved by Dr. Tom E. McCandless, P. Geo., a qualified person as defined by National Instrument 43-101. The property has not been the subject of a National Instrument 43-101 report, and Dr. McCandless has not verified the technical data disclosed in this release

Cavan Venture’s mission is to identify, acquire, and advance high potential mining prospects located in North America for the benefit of its stakeholders. For more information visit the website at www.cavanventuresinc.com.

ON BEHALF OF THE BOARD

Peter P. Swistak, President

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Forward-Looking Statement:

Some statements in this news release contain forward-looking information that involves inherent risk and uncertainty affecting the business of Cavan Ventures Inc. Actual results may differ materially from those currently anticipated in such statements. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.