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Cavan Announces Board Addition

February 8, 2012 VANCOUVER, B.C. – Cavan Ventures Inc. (“Cavan” or the “Company”) (CVN-TSX:V) is pleased to announce the addition of Charles Desjardins to the board of directors.

Mr. Desjardins brings more than 20 years of public company experience in the areas of finance and public company management. Currently President and Director of Zone Resources Inc., Soldi Ventures Inc., North American Gem Inc. and Solitaire Minerals Corp. Mr. Desjardins has raised over 12 million dollars in the past 3 years. Mr. Desjardins was also the past President of Victory Ventures Inc., which began as a mineral exploration company and subsequently became Global Investment.Com Financial Inc.

Cavan Venture’s mission is to identify, acquire, and advance high potential base and precious metal prospects. For more information visit the website at www.cavanventures.com.

ON BEHALF OF THE BOARD

Peter P. Swistak, President

FOR FURTHER INFORMATION PLEASE CONTACT:

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Forward-Looking Statement:

Some statements in this news release contain forward-looking information that involves inherent risk and uncertainty affecting the business of Cavan Ventures Inc. Actual results may differ materially from those currently anticipated in such statements. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.