

NEWS RELEASE

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Cavan Ventures Inc. Announces the Commencement of KM-Kisegeg Property Exploration Program

Cavan Ventures Inc. is pleased to announce that geological crews have been mobilized to its KM Property located approximately 30km north of Smithers, BC.

The property is underlain by a thick sequence of Jurassic age sediments intruded by late Cretaceous granodiorite plugs, dykes, and sills. The intrusives are believed to be responsible for late stage epithermal quartz carbonate veins and stockworks generally occurring within or proximal to the intrusive rocks.

The veins carry variable amounts of pyrite, galena, sphalerite, chalcopyrite, and minor molybdenum as coarse grained sulphide blebs. Lower concentrations of the same sulphide assemblage occur disseminated in the granodiorite adjacent to mineralized veins. To date, gold showings have been located over a strike length of 2000 meters.

The 2009 programme will consist of geological mapping, prospecting, geochemical sampling, and trenching. Comprehensive sampling of the major quartz veins and stockwork systems should provide a statistically valid sample population. Sampling of disseminated sulphide mineralization in both intrusive and sedimentary rocks will be conducted to determine widths and economically viable zones within dense stockwork systems, the wall rocks, and other minor vein systems adjacent to major vein structures.

Gregory Thomson, and Peter Cowdery, P. Eng, are the "Qualified Persons" as defined in National Instrument 43-101, and have reviewed the technical information presented in this news release.

This news release contains certain forward-looking statements that reflect the current views and/or expectations of Cavan Ventures Inc. with respect to its performance, business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results and events may vary significantly.

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On behalf of the Board of Directors,
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