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CAVAN APPOINTS LORNE MCCARTHY TO THE BOARD OF DIRECTORS

August 20, 2012 VANCOUVER, B.C. – Cavan Ventures Inc. (“Cavan” or the “Company”) (CVN-TSX:V) is pleased to announce that, effective immediately, Lorne McCarthy has been appointed to the Company’s Board of Directors.

Mr. McCarthy is a realtor since September, 1987 and is a Director of Ashburton Ventures Inc. since November, 2008. Mr. McCarthy has been involved in some capacity with a number of public mineral exploration companies since 2008.

Cavan Venture’s mission is to identify, acquire, and advance high potential base and precious metal prospects. For more information visit the website at www.cavanventures.com.

ON BEHALF OF THE BOARD

Peter P. Swistak, President

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