

# **NEWS RELEASE**

## **Cavan Ventures Inc.**

Suite 579-1917 West 4th Ave.

Vancouver, B.C. V6J 1M7

Tel: (604) 288-2756; Fax: (604) 909-5199

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**TSX Venture Symbol: CVN**

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## **Commencement of Cavan 2010 Exploration Program**

Cavan Ventures Inc. (TSX Ventures: CVN.V), a public mineral exploration company based in Vancouver, British Columbia, is pleased to announce that work has commenced on the KM Project located approx. 60 kilometres north of Hazelton, British Columbia.

In connection with the reported results of the 2009 program disclosed in the Nov 12, 2009 news release; the company has commenced an aggressive program of geology, prospecting, sampling, and trenching to delineate targets for diamond drilling.

The 2010 program will consist of the following:

- Further reconnaissance prospecting and geological mapping on the north side of the property.
- Trenching and sampling of previously and newly identified anomalous areas.
- Mapping and systematic sampling of the traceable, numerous, relatively-thick mineralized quartz veins cutting the diorite stock west of the Gully Vein. The continuity of these mineralized veins will be an important factor in grade estimation.

Further outcrop-scale mapping with a focus on early structures that may control mineralization in the main sill areas will help predict and find potentially economically-viable intercepts. These veins are structurally-controlled and a comprehensive understanding of these early structures is required.

Brian Malahoff, P. Geo., the “Qualified Person” as defined in National Instrument 43-101 for this exploration program, has reviewed the technical information presented in this news release.

This news release contains certain forward-looking statements that reflect the current views and/or expectations of Cavan Ventures Inc. with respect to its performance,

business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results and events may vary significantly.

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If you would like to be added to Cavan's update list please send an email to [ming@cavanventures.com](mailto:ming@cavanventures.com) or [Stan.Buchalter@buchalterconsulting.ca](mailto:Stan.Buchalter@buchalterconsulting.ca)

On behalf of the Board of Directors,  
CAVAN VENTURES INC.

“Ming Chiang”

Ming Chiang, President & CEO  
(604)763-7748 (cel), (604)288-2756 (office)  
[ming@cavanventures.com](mailto:ming@cavanventures.com)

Stan Buchalter  
Buchalter Consulting Inc.  
1-866-631-6537  
[Stan.Buchalter@buchalterconsulting.ca](mailto:Stan.Buchalter@buchalterconsulting.ca)

For further information please visit our website at [www.cavanventures.com](http://www.cavanventures.com)