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CAVAN ANNOUNCES NEW MEMBER TO THE ADVISORY BOARD TO ADVANCE THE COMPANY'S ENTRY INTO THE MEDICAL MARIJUANA & HEMP SPACE

April 22, 2014, VANCOUVER, B.C. – CAVAN VENTURES INC. (TSX-V:CVN) (“Cavan” or the “Company”) is pleased to provide a corporate update in regards to the continuing development of its medical marijuana and hemp project.

Cavan Ventures Inc. previously announced (see news release dated 2014-03-25) the diversification of its growth plan into the medical marijuana and hemp industry. To accelerate this process Mr. Lawson has joined the Company as its newest member to the advisory board.

Mr. Lawson is a professional project manager and a former field officer in the Canadian Military. He has a Master's Degree in Project Management (MPM) and maintains his currency as a certified Project Management Professional (PMP). He has a strong background in planning activities, considering risks, identifying resources, executing plans, and the integration of multiple projects to achieve program goals. His qualifications and experience include critical infrastructure protection with functional expertise and experience in advanced business management. Mr. Lawson brings a strong adaptive ability in leading diverse regulatory program areas and a solid foundation of experience in contributing to business development.

Mr. Lawson has worked on a number of large projects and programs covering a range of equipment projects of \$50M - \$80M, building infrastructure projects of \$50M, and a supply chain re-engineering project with savings valued at \$200M. He was the project manager for the RCMP security planning for the 2010 Olympic Games. He is currently the CAO and Program Manager for Canada Jetlines, which a start-up, all jet, point-to-point aviation company based out of Vancouver.

Mr. Lawson is an Officer of the Order of Military Merit, and has received commendations for his work and community effort from the military Vice Chief of Defense Staff and from the RCMP “E” Division Commanding Officer. He has several volunteer awards, including the United Nations Year of the Volunteer, and was recognized by his community and Province when he was awarded the Queen’s Golden Jubilee Medal.

Peter P. Swistak President/CEO of Cavan Ventures Inc. states: "The depth and scope of Mr. Lawson’s knowledge is something that Cavan is very fortunate to have access to as we believe he is definitely the best in his field with an extensive bio and proven track record. He will add tremendous value, credibility and unique knowledge to Cavan in becoming a leader in the medical marijuana and hemp industry. We are excited to have Mr. Lawson available to us while we conduct due-diligence in the agricultural/medicinal marijuana space."

For more information visit the website at www.cavanventuresinc.com.

ON BEHALF OF THE BOARD

Peter P. Swistak, President

Forward-Looking Statement:

Certain statements in this release are forward-looking statements, which reflect the expectations of management regarding the Company's plans with

respect to its existing graphite interests, future financings, and the analysis and investigation of the medical marijuana sphere. Forward-looking statements consist of statements that are not purely historical, including any statements regarding beliefs, plans, expectations or intentions regarding the future and statements concerning the anticipated drilling programs, future financings, and the Company proceeding with any transactions in the medical marijuana sphere. Such statements are subject to risks and uncertainties that may cause actual results, performance or developments to differ materially from those contained in the statements. No assurance can be given that any of the events anticipated by the forward-looking statements will occur or, if they do occur, what benefits the Company will obtain from them. In particular, the Company cautions that any financings or potential transactions cannot be predicted with certainty, and there can be no assurance at this time that all required or desirable approvals and consents to affect future financings or proposed transactions will be achieved at all. These forward-looking statements reflect management's current views and are based on certain expectations and assumptions which may prove to be incorrect. A number of risks and uncertainties could cause our actual results to differ materially from those expressed or implied by the forward-looking statements, including factors beyond the Company's control. These forward-looking statements are made as of the date of this news release.

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