

CAVAN VENTURES INC.



TSX Venture Symbol: CVN

www.cavanventures.com

Suite 579 -1917 West 4th Ave., Vancouver, B.C. V6J 1M7 Tel: (604) 288-2756 Fax: (604) 909-5199

FOR IMMEDIATE RELEASE

April 21, 2011, Vancouver, British Columbia

CAVAN ANNOUNCES GRANT OF STOCK OPTIONS

Vancouver, British Columbia, CANADA (April 21, 2011) – Cavan Ventures Inc. (TSX.V-CVN) (the "**Company**") is pleased to announce that it has granted incentive stock options for the purchase of up to 250,000 common shares of the Company, at a price of \$0.19 per common share, for a 5 year period to the Company's President and Chief Executive Officer.

On behalf of the Board of Directors:

"Ming Chiang"

Ming Chiang, Chairman & Director
(604)763 7748 (cell) or (604)288 2756
ming@cavanventures.com ,

or

Patrick Brandreth
Director, Corporate communication: (604) 809 3527
patrick@cavanventures.com

For further information please visit our website at www.cavanventures.com

This news release contains certain forward-looking statements that reflect the current views and/or expectations of Cavan with respect to its performance, business and future events. Such statements are subject to a number of risks, uncertainties and assumptions. Actual results and events may vary significantly. Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.
